



# Rathcoole Newsletter

Issue 1-20 February - March 2020

## SAVE RATHCOOLE WOODLANDS



Rathcoole Community Council CLG Rathcoole Community Centre,  
Main Street, Rathcoole,  
Co. Dublin

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Email : [newsletter@rathcoole.info](mailto:newsletter@rathcoole.info)

Web : [www.rathcoole.info](http://www.rathcoole.info)

An Roinn Coimírce Sóisialaí  
Department of Social Protection  
[www.welfare.ie](http://www.welfare.ie)



Comhairle Contae  
Átha Cliath Theas  
South Dublin County Council



LEADER Center Fine Gail  
Fingal LEADER Partnership  
"St. Michael's Woodland" "Gateway to a better future"

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# Rathcoole Community Council

AGENDA FOR 49th ANNUAL GENERAL MEETING OF  
RATHCOOLE COMMUNITY COUNCIL 24th MARCH 2020

EGM 7:45 pm

Number for Quorum for Board Meetings



AGM 8.00 pm

Welcome

Agenda for AGM

Minutes 2019 Meeting

Financial Report for 2019

Chairpersons Address

Election of Board

AOB



## New Neighbourhood Watch Schemes

Over the last couple of months, the Garda and local residents from neighbourhood watch are helping other estates to establish a new neighbourhood watch system.

We would encourage already active or dormant neighbourhood watch groups to come together, to work alongside Garda Liam Sex the community Garda from Rathcoole Station. The future plan is to connect with all neighbourhood watch groups in Saggart, Rathcoole, Newcastle and Brittas,

The aim is to expand the neighbourhood watch system to cover the greater area of the community with the Garda. The area co-ordinator from each group will be connected and receive text alerts of suspicious activity or crimes taking place.

Members from the neighbourhood watch can report any further information to the Garda on the subject which increases individuals being apprehended.

If you are interested in setting up a neighbourhood watch group in your area, you can get further information and help from Garda Liam Sex Rathcoole Garda Station (01)6667900 or Rathcoole Community Centre (01) 5045000

**LET'S ALL COME TOGETHER AND BUILD  
FOR A SAFER COMMUNITY.....**



## RATHCOOLE COMMUNITY CENTRE GYM OPEN FOR BUSINESS

**Are you a qualified fitness  
instructor looking to rent space  
to put on classes?**

**For more details contact the centre**

**Email: [rcc.reception@rathcoolecommunity.ie](mailto:rcc.reception@rathcoolecommunity.ie)**

**Phone: 01-504 5000**

**[www.rathcoolecc.ie](http://www.rathcoolecc.ie)**



**rathcoolecommunitycentre**

# RATHCOOLE FOODIE

## Sweet and Sour Bacon Chops

Prep Time: 10mins Cook Time: 30mins Ready in: 40

### ..... Ingredients .....

#### 6 Bacon Chops

- 2oz/50g plain flour
- 1 egg beaten with 3floz/75ml milk
- 6oz/175g fresh white breadcrumbs
- 1 tablespoon sesame seeds 1 teaspoon crushed chili flakes
- Prepare three bowls:
- 1: Seasoned flour
- 2: Egg & Milk whisked together
- 3: Breadcrumbs with chopped sesame seeds & {chili flakes optional}

#### For Sweet & Sour Sauce:

- 1 tablespoon soft light brown sugar
- 2 tablespoons rice vinegar/white wine vinegar
- 2 tablespoons sherry 4floz/ optional
- 110ml dark soy sauce
- 175 ml/6fl oz. chicken stock
- 2 tbsp. tomato ketchup/
- 1 Tablespoon corn flour mixed with a little water
- Dash of Tabasco sauce optional

#### For Stir-fry:

- A little oil for cooking
- ½ inch fresh ginger finely diced
- 2 cloves garlic finely diced
- 1 carrot cut into thin strips
- 1 ½ mixed peppers (½ each red, green, yellow) cut into thin strips
- 1 red onion thinly sliced
- 6 button mushrooms thinly sliced
- 4oz/110g fresh pineapple/1 small tin]
- 1 bunch spring onions

**Delicious way to cook  
Bacon chops which works  
equally well with pork chops.  
ENJOY**

### ..... Method .....

#### For Chops:

Coat the bacon chops in the flour first, then transfer to the egg wash mixture and finally toss the egg coated chops in the breadcrumbs mixture and make sure they are completely coated.

Preheat the oven to 180C/350F. Line a flat baking tray with baking parchment. Heat a large pan with a little oil. Pan fry the bacon chops for 2 to 3 minutes on each side until golden brown and then transfer to the lined baking tray.

Bake in the oven for a further 20/25 minutes. For Sweet & Sour Sauce: Put the sugar, vinegar, sherry, soy sauce and chicken stock into a medium sized saucepan with the tomato ketchup.

In a separate bowl mix the corn flour with a little water to make a paste and add this to the liquids in the pot.

Bring the entire mixture to the boil, whisking occasionally, and then reduce the heat to a simmer for 8/10 minutes until the sauce is of coating consistency.

Transfer the sauce to a large jug and use as required.

#### For Stir Fry:

Heat a wok or frying pan and add in the diced garlic and ginger together with the peppers, onions and carrots (which have been cut into strips) and cook them gently. After a further 6/7 minutes, pour in the sweet and sour sauce and bring this mixture to the boil.

Add in the diced pineapple and chopped spring onions just before you are ready to serve. Æ Divide the sweet & sour vegetable mixture between 6 large bowls and place one of the breaded bacon chops on top of each.



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## Socrates Cafe

At The Four Districts Day Care Centre

New to our Area 'A Socrates Cafe' Will be running  
in our Centre on Wednesday's and Friday's mornings  
Our Four Districts Day Care Centre is one of the  
chosen four Centres participating  
in this new initiative.

Give yourself a chance to become a Philosopher.

# Community Employment Project

Rathcoole Community Centre and 4 Districts Day Care Centre currently have Community Employment Project vacancies for the following roles



**Caretakers**  
**Care Assistant**  
**Housekeepers**  
**Bus Assistant**



Are you aged 21 or over and unemployed for the past 12 months or more and in receipt of Social Welfare Benefit? If so you could be eligible to work on our Community Employment Project based in Rathcoole.

Hours are 19.5 per week at the Community Employment rates.

This is a developmental opportunity, no experience necessary.

Accredited training will be provided to support your career.

If you are interested in any of these positions and wish to discuss this further you can contact one of the CE supervisors by email on [fasrcc@gmail.com](mailto:fasrcc@gmail.com) or by phone on 01-5045000

You can also drop your CV into in the Rathcoole Community Centre.

**Come and join our friendly team**

## Rathcoole Community Centre Services Available



Copy



Print



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FAX



Internet



Photocopying services: A4, A3, colour, and black & white are available in Rathcoole Community Centre. We also do Laminating, Scanning, Faxing. Are you frustrated because your laptop or desktop has let you down, we also have computer facilities here in the Community Centre and computer repairs. Contact 01-5045000

# LOOKING FOR WRITER'S

Want to boost your C.V? We are a community based Newsletter which comes out 4 times a year, it covers Rathcoole, Saggart, Newcastle and Bttas with a distribution of 5,000 copies.We are looking for any up and coming writers out there who would love to see their work in print and give them good experience!!!

You could cover any local news, events such as local parades, festivals, concerts, sport fixtures etc.You could also do feature pieces on local individuals community groups or human interest stories from the local area, could this be you?

The article should be sent to our Newsletter Team at [newsletter@rathcoole.info](mailto:newsletter@rathcoole.info), the next issue is due out in April...

**SO GET WRITING!!!**

## Cllr FRANCIS TIMMONS

**Poster Free!!!**

**General**

**Election**

**2020**

**Campaigning for Rathcoole Woodlands**

**Combating Against Climate Change**

**Independent**

*My Voice is YOUR Voice!!!*

## Saggart Village Residents Association (SVRA)



Village upgrades:  
New plaza  
New Paving  
New Community Notice Board



Thanks to SDCC for the upgrades.

Thanks to residents for their patience throughout the project.

Thank you to everyone who supported our Christmas Lights Fundraiser in December. In total €1845 was raised through the table quiz, the raffle and through the Gofundme link!

For heritage centre enquiries:  
[saggartheritagecentrebookings@gmail.com](mailto:saggartheritagecentrebookings@gmail.com)



An Roinn Feorbartha  
Yusithe agus Pobail  
Department of Rural and  
Community Development



@saggartvillage



@saggartvillage

Email: [svraheritage@gmail.com](mailto:svraheritage@gmail.com)



### Rathcoole Community Recycling

Any small item with a plug or a battery

You can drop them to the

Rathcoole Community Centre





Vanessa O'Neill

## Life and Fitness Coaching

*Live your Life Positively*

Web: [www.vanessaoneillcoaching.com](http://www.vanessaoneillcoaching.com)

Email: [vanessaoneillcoaching@gmail.com](mailto:vanessaoneillcoaching@gmail.com)

Call: 086 317 1601



@vanessaoneill\_coaching



@FitNess O'Neill Coaching

Fitness Classes – Rathcoole Community Centre

*Ladies – Gym Based Training*

*Tuesdays and Thursdays 7PM – 8PM €8 per class or €65 10 classes*

*Over 55's – Gym Based Training*

*Monday and Wednesday 10AM €6*

**Personal Training**

*Are you looking to get back into training, or are you starting off on a new life journey but don't want to train in a gym. Are you and your partner looking to get healthy together, I will come to your home to train you. Why not contact me and we can get you on your way. Daily appointments available!*

**Life Coaching**

*Are you struggling to find balance in your life?  
Having trouble sticking to your goals?  
Would you like to put an end to old habits?  
Does your family require more structure?*

*Why not book an appointment with me to take back control of your future?*



# Prince and Princess Activates

**Exercise, games and fun times with you and your kids**

**See Facebook for all classes Ages 2-10**

**Available for house parties with additional fun games such as  
GIANT JENGA, LIMBO & TIN CAN ALLEY**



**Contact Alan @ 0857398820**

**Creating fun and functional activities for your kids**



| Conor Clarke |



| Ray Cooke |



| Eoin Power |

Ray, Conor and Eoin were born, raised and currently live in the village. They are all actively involved in the local GAA clubs and village life. With our local knowledge and expertise we will secure a deal on your home, at the highest price possible, in the quickest time possible, making the transaction as stress free for you as possible.

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E: [clondalkin@raycooke.ie](mailto:clondalkin@raycooke.ie)

Terenure Village, D6W.  
T: 6875800

E: [terenure@raycooke.ie](mailto:terenure@raycooke.ie)

Tallaght Village, Dublin 24.  
T: 4599288

E: [tallaght@raycooke.ie](mailto:tallaght@raycooke.ie)

Finglas Village, Dublin 11.  
T: 5411455

E: [finglas@raycooke.ie](mailto:finglas@raycooke.ie)

# A very special fundraising event

Organised by Donna Hennessy of Hair To Dye For, took place on Christmas Day at the Forty Foot in Sandycove. The purpose of the fundraising was to raise funds for Our Lady's Hospice in Harold's Cross. The wonderful staff took care of our beloved Karen Plunkett as she bravely fought her courageous battle with cancer. Karen passed away on 22nd July 2018 in a very dignified, humane and pain-free manner. We, her family will always be grateful for the magnificent care provided by the living 'angels' who work at the Hospice. The staff enabled us to create some beautiful memories of Karen's final 10 days on this earth. For that we will be eternally grateful.

The fundraising event saw 6 brave souls jump into the waters of the Forty Foot at Sandycove on Christmas morning. These included Karen's darling son Aaron Plunkett along with Donna Hennessy, Dicey Reilly, Gar Whelan and his children Megan (age 10) and Ryan (age 9). Gar tested his endurance by cycling from Rathcoole to Sandycove before performing an entertaining dive / bellyflop into the inviting water (photo attached). Their valiant efforts were supported by whoops of delight from supporting family members. No better way for 19 family members to spend a Christmas morning.

We are very proud and delighted to announce that our little adventure resulted in raising €3,400.00 for a very worthy cause. The generosity of everyone who supported us was astounding. It makes us proud to call Rathcoole our home. Thank you one and all.





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# ***RECENT PLANNING APPLICATIONS AND PLANNING DECISIONS OF COMMUNITY INTEREST***

**SD19A/0288** 23-Dec-2019 Apply for Permission Significant Additional Information

**Applicant:** Rathcoole Boys Football Club

**Location:** Rathcoole Boys Football Club, Forest Hills, Rathcoole, Co. Dublin

**Proposed Development:** Portacabin unit to the side of existing clubhouse, connection to existing services and all associated site works.

**SD19A/0407** 23-Dec-2019 Apply for Permission New Application

**Applicant:** Jordanstown Properties Limited

**Location:** College Lane, Greenogue, Rathcoole, Co. Dublin

**Proposed Development:** Provision of a warehouse unit with ancillary three storey office and staff facilities and associated development; the building will have a maximum height of 23.7m with a gross floor area of 13,959sq.m including a warehouse area (12,369sq.m); staff facilities (548sq.m) and ancillary office area (1,042sq.m); provision of one new vehicular access/egress point at the northern corner of the subject site and one HGV access/egress point at the southern corner of the subject site which connects onto the internal access road for two adjacent permitted warehouses (Reg. Ref. SD18A/0265) and permitted waste metal facility (Reg. Ref. SD19A/0065) which links to the Greenogue Roundabout on the R120; 119 ancillary car parking spaces; bicycle parking; HGV yard with 12 loading bays; level access goods doors; dock levellers; hard and soft landscaping; ESB substation (9sq.m); boundary treatments and associated site development works above and below ground.

**SD19A/0355**

**GRANT PERMISSION** 14-Jan-2020

**Applicant:** Rathcoole Community Council

**Location:** Main Street, Rathcoole, Co Dublin

**Proposed Development:** Retention of single storey prefabricated buildings (floor area 870sq.m) to the side/rear of existing Community Centre for community/recreational use.

# SAVE RATHCOOLE WOODLANDS

On July 11th 2019, the Echo newspaper along with other local papers and media reported on a draft master plan for South Dublin County Council lands owned in Rathcoole.

This included a proposed development of 250 houses on Rathcoole Woodland, even though there are potential alternative green field sites available.

Rathcoole Woodland is 10 Hectares 100,000Square meters of natural self-generated native pioneer woodland of willow, Birch and Beech among other trees with an average tree height of 7 metres of up to 40 years old. The Woodland provides multiple benefits such as enhancing human health and well-being, mitigating air pollution, providing a nature based solution to climate change impacts, removing Carbon, reducing flooding and providing a haven for wildlife.

The Woodland is adjacent to lands for which Romeville Developments submitted a separate application for 192 houses in November 2018 (planning SD18A/0364 and SD18A/0413).

This included a 'Local Area Plan' outlining the development including a map.

Both applications were subsequently withdrawn.

Revised plans can be submitted for the development of these lands.

The Council refused access for a biodiversity study of the Woodland by an independent ecologist however they are undertaking their own studies in relation to the master plan.

In the past year we have recorded four species of Bat; Common Pipistrelle, Soprano Pipistrelle, Leisler's Bat and Natterer's Bat, found an Oak tree, a holly tree and a Fir tree among all the Willow and Birch trees. We have seen frog spawn and an adult frog with both records sent to the Irish Peatland Conservation Council. We have also Badger prints and its latrine, Rabbits and a Fox. We recorded plants such as Figwort, and Woody Nightshade which we had not noted before.

The springs now have vegetation, yet to be identified.

The Woodland continues to surprise, as it grows, changes and matures.

What the future holds for the Woodland is uncertain. South Dublin County Council is continuing with the Master Plan. While it may have changed, there is no indication that the Woodland will be saved. There is a General Election on February 8th 2020. It is important that you vote for a candidate who will actively campaign to achieve the objectives of the Master Plan for Rathcoole and at the same time protect and preserve the Woodland.

A big thank you to all who signed the 'Save the Woodland' petition submitted to the Council Offices with over 2500 signatures. We are also grateful to those local Councillors who have supported us to date by raising Questions and Motions at Council and Clondalkin Area meetings regarding the Woodlands.

The Four Districts Woodland Group is holding their Annual General Meeting (AGM) on Wednesday 12th February at 8 pm in Rathcoole Community Centre. All are welcome and there will be refreshments after. Come along if you are interested in volunteering or wish to provide support and encouragement.

Find out what has happened and what is planned for the future.

See our Facebook page at: @fourdistrictswoodland



# SuperFIT

## 9 Years Open

WOW !! That went by fast!!

Thank you to all our members past and present and to everyone in the local community who has supported us & helped us reach this milestone!!

**Classes include:**

- Sculpt Strength & Conditioning - Spinning - Boxfit
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**FOR MORE INFORMATION:**

SHANE LYNCH 087 6668508 or [LYNCHSPORTS@HOTMAIL.COM](mailto:LYNCHSPORTS@HOTMAIL.COM)

PAT LYNCH 087 2449881 or [MACLYNLTD@GMAIL.COM](mailto:MACLYNLTD@GMAIL.COM)





# A Bird with No Name



During December, Baldonnel Aircorp ran a competition in relation to one of its unusual but very important employees.

Captain Steven Connolly (SO Press & Public Relations Officer)  
at Casement Aerodrome explains,

“The aircorp Bird Control Unit (BCU) are responsible for ensuring that our skies are clear of any large gatherings of birds which could pose a problem for departing and arriving aircraft. They are an extremely competent and professional unit and thankfully (touch wood) we have not had any significant incidents with birds and our aircraft. Apart from taking care of our own fleet of predatory birds the unit also takes care of fallen birds and ensures they receive the necessary veterinary care so that they can return to the skies as soon as possible.

One such bird arrived on our doorstep last year and has integrated himself into the BCU family so well that when he was fit to be released back to the wild he insisted on returning back to Baldonnel. Several attempts to return the bird to the wild have long since failed and the decision has been made to employ this Peregrine Falcon to the BCU staff.”

The bird, unfortunately, had yet to receive a name. The aerodrome decided to run a small competition with the local Primary Schools in the area in order to name the bird.

The winner was Abby Manning (2nd Class) from Holy Family N.S. Rathcoole. Her chosen name for the falcon was “Kody”. As part of her prize, Abby and her class got to meet the new falcon when members of the Air Corp BCU team and the Brigadier General himself Rory O’Connor came to visit the school on December 19th last. They brought Kody and his new colleagues along. Here they put on a display heralding the mastery of these fantastic birds of prey. Congratulations and thanks to all!

Mr. Sutton 2nd Class Teacher Holy Family N.S.



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7.30am—18.30pm  
Monday to Friday

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**Get in touch**

- 01 419 9999
- [cocoonchildcare.ie](http://cocoonchildcare.ie)
- [info@cocoonchildcare.ie](mailto:info@cocoonchildcare.ie)



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government supporting communities



An Roinn Leasú agus Gaíthne Óige  
Department of Children and Youth Affairs

There will be a Darkness into Light walk in Corkagh Park 9th May 2020. I would just like to inform you all that the event will be here in Clondalkin so you can hopefully keep this in mind when registering for the walk/run. The website will be up and running soon and Clondalkin will be there as an option, also you can follow us on our Facebook page Darkness into Light Corkagh. We really hope to see some of you there to support the fight against mental health.

Thank you  
Tricia Kellett



## Rathcoole Active Retired Group

Rathcoole Active Retired group meet every second Wednesday from 11am to 1pm in Rathcoole Community Centre. If you are over 55 and living in Rathcoole, Saggart, Newcastle or Brittas you are more than welcome to join us.

We will offer you friendship and a range of interesting activities, dancing, card games, holidays, day tours and also support and information.

## REFLEXOLOGY

Rathcoole  
Co Dublin

For appointment contact Anne  
**087 2180580**



# FROM THE LAST YEAR TO THE NEW YEAR AT RATHCOOLE BOYS



Our first ever winter appeal was held in Rathcoole Boys this year in aid of Inner city homeless. People donated their clothes, sleeping bags and chocolate and credit goes to our U10 girls and coaches. We hope it will continue to grow in the future.

Santa came to Rathcoole Boys to finish off a great year at the club.

Over two hundred children turned up to meet the big man and Santa's elves.

And all the children left happy and it ended our year on the right note.

Our new year started off with some great news. We donated some jersey's and kit, through The Kerbside Angels, to the Future Stars of Ghana in Buduburam, Ghana.

This a refugee camp and these children dream of becoming professional footballers one day. It was great to see all the smiling faces.

Our Casino night was a great success. An Poitin Stil held the event and Commercials and St Mary's came together for a joint venture for some innocent gambling and fun. Thanks again to the Poitin Stil. It is with the help of establishments like them, that clubs like ours and others continue to strive.

Our Senior team continues to do well. They play every Sunday morning and match fixtures can be found on our Facebook page.

It was great to see the charity work this year in the club and we hope to continue the trend in the new year. Giving back is a big part of who we are at Rathcoole Boys.

And finally, if anyone would like to help in any way, we are always looking for volunteers. Whether it's coaching, or some other aspect in the club, you can reach us on Facebook, Instagram, or just drop into the club and have a chat.

We at Rathcoole Boys wish you all a great start to the year.

# GRILLED TERIYAKI

an poitin stil  
BAR LOUNGE & RESTAURANT

## SALMON



*A recipe from our Head Chef Jim*

### METHOD

1. Start by preparing your salmon, cut the salmon fillets in half length wise. Take the skewer & insert into into the salmon finger approx. 80% of the way so it looks like a lollipop.
2. In a bowl mix 100ml of soya sauce, 2 table spoons of honey, 1 chopped garlic clove & half of the chilli chopped & mix together gently
3. Poor half of this mix over the salmon & massage into the flesh. Cover in a tray & refrigerate for at least 2 hours
4. Shred your red onion, pak choi leaf & stem finely. Chop the remaining chilli & parsley finely, cut the scallions into long diamond style slices & set all aside
5. Toast the sesame seeds in a hot dry pan for no more than 30 seconds & set aside
6. When you are ready to assemble & serve your dish start by removing the salmon skewers from the marinade.
7. Heat a pan moderately & add a little veg oil. Place the skewers in the pan & cook on each side rolling gently for 2 minutes each side x 4 sides
8. Remove from the pan & wipe the pan clean.
9. Heat the pan again & place the lime cut into 4 sections on it without oil for 4 minutes or until the internal flesh has coloured, remove & set aside with the salmon
10. Reheat the pan & add a little oil, quickly stirfry the onion, chilli & lastly pak choi for no more than 3 minutes, just before removing from the pan add the remaining half of the soya sauce mix & the parsley, remove immediately

### INGREDIENTS

1. 2 salmon fillets approx
2. 120g each, skinless is better but not imperative
3. soya sauce (light is best)
4. honey
5. 2 limes
6. 1 clove garlic
7. 2 heads of Asian pak choi
8. 1 red onion
9. sesame seeds
10. 1 bunch flat parsley
11. 1 bunch scallions
12. 1 fresh red chilli
13. salt / pepper
14. vegetable oil
15. 4 wooden skewers 150mm

### PLATING

Spread a generous spoon of the greens on a plate & set the salmon atop. Glaze the salmon with the pan juice from the greens & garnish with the lime quarter & the shredded scallion. Lastly sprinkle the whole dish with toasted sesame seeds & enjoy!

Dine with us: [restaurantpoitin@ftzgeraldgroup.ie](mailto:restaurantpoitin@ftzgeraldgroup.ie) | [www.anpoitinstil.ie](http://www.anpoitinstil.ie)



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# ***RATHCOOLE TIDY TOWNS***

The New Year got off to a bright start for Rathcoole Tidy Towns with approval by South Dublin County Council of traditional village signage. Welcoming signage will be erected on all approach roads with design and dimensions conforming to S.D.C.C. specification. Historical and cultural information boards were also approved and will be situated beside the Day Care Care Centre and Anglican Church. Rathcoole Community Council has supported this initiative. We were also successful in our application for much needed funding from SDCC.

We have successfully re-entered the National Tidy Towns Competition after a lapse of 19 years. The adjudicators report highlighted the village pump in particular which we installed last year with planting in the surrounding area. The regular Community Clean Ups were deemed to be successful as the village was judged to be clean on adjudication day. Many constructive suggestions were made in the report which we will take on board in this year's work plan. As Rathcoole village is an Architectural Conservation Area, we were encouraged to continue our work on derelict buildings. Tidy Towns is greatly indebted to committee member Martin Mc Donald who donated the traditional pump and pot. We are also extremely grateful to Noel Tinkler who contributed stone and has been unstinting in his support for our work

## ***This year our work plan includes;***

1. Maintaining recently planted out areas at Poitín Stil, Village Pump and Rose Bed at the Church, Beechwood Lawns entrance, and plant boxes at Courthouse, Tidy up at Anglican Church
2. Co-operating with residents groups
3. Inter Business Competition.- Best business or shop frontage in Rathcoole!
4. Linking with the local schools on pollinator planting and sustainability projects.- walk to school initiative!
5. Planting out area at monument on Fitzamurice Rd. in co-operation with local business Microbial and SDCC and bed at new solar fountain.
6. Establishing managed wildlife area beside Fitzmaurice Road
7. Mapping out of 10 local Habitats
8. Facilitating talks and workshops on sustainability and biodiversity
9. Organising neighbourhood nature walks
10. Linking with Woodlands group on Tidy Up and walks in the woodlands.
11. Organising Heritage Week in August.
12. Ongoing work on derelict buildings

Why not join us on our Community Clean Ups on 2nd Saturday of each month at 11am for one hour only. Vote and clean up on Saturday 8th Feb!  
Help to stem climate change by improving the environment locally through joining Rathcoole Tidy Towns.

Contact : Iggy Keane (Chairperson) [iggykeane@hotmail.com](mailto:iggykeane@hotmail.com)  
Alan Fairman (Secretary) [alan.fairman@rathcoolecommunity.ie](mailto:alan.fairman@rathcoolecommunity.ie)  
See Rathcoole Tidy Towns on [Facebook](#)



A local business serving the local community since 2004

- Household Waste
- Commercial Waste
- Skip Hire



Want to  
**Save Money**  
This Year?

**Not happy with your current waste provider?**  
**Weekly collection service available.**  
**3 Easy Pay By Weight Price Plans available!**

## **4 CORNERS NEWSLETTER OFFER**

If you live in the following areas and sign up as a customer, we will give you €20 free credit on your account.

- Saggart
- Rathcoole
- Newcastle
- Brittas

Simply quote  
**'NEWSLETTER'**  
on signing up.

**Call: 01 401 1928 Email: [sales@advancedwaste.ie](mailto:sales@advancedwaste.ie)**

Follow us on Facebook for latest news and offers 

[www.advancedwaste.ie](http://www.advancedwaste.ie)

Already a customer? – Download our app today to view and make payments to your account.





# RATHCOOLE HARDWARE

UNDER NEW MANAGEMENT!

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WE DELIVER!

# FITNESS ZUMBA



## It's exercise in disguise

**Zumba will have you feeling positive and fitter, both mentally and physically, and leave you with a big smile on your face.**

Join me, *Clare Berry* as seen on *Ireland:am* every Wednesday Evening, 6.45pm-7.45pm in Rathcoole Community Centre



Cost is €8 pay as you go, or €30 card for 5 classes, *that's a saving of €10!*

Beginners are welcome and open to ALL fitness levels

Contact Clare Berry on 083 8163368 or  [zumbazoomireland](https://www.facebook.com/zumbazoomireland)



## THE FOUR DISTRICTS DAY CARE CENTRE

Would like to invite residents and guests of Rathcoole, Saggart, Newcastle and Brittas to our February's Coffee Morning in our Day Centre on Wednesday, 12th of February at 11.00 am. Please come in for a lovely cuppa with some delicious home made treats and stay for a chat and meet some new friends.

### Cake sale on the day!

Please support us and our Senior Community!



# NATURE'S GOLD

*Wholefood Store*

Did you know there is a superbly stocked health food shop in **AVOCA Rathcoole?**

Wide range of natural products including **Zero Waste, Sustainable & Ethically Sourced**

- Food Supplements
- Herbal Remedies
- Beauty Care
- Home Care
- Baby Care
- Household Refills
- Free from Gluten
- Free from Dairy
- Organic Foods
- Herbal Teas

**Free parking and frequent promotions!**

Open 7 days a week!

Monday to Friday 09:00 - 19:00

Saturday, Sunday 09:00 - 18:00

01-458 0882 [www.naturesgold.ie](http://www.naturesgold.ie)





This year we intend mapping the habitats in Rathcoole using the Heritage Council Guide. This was one of the recommendations from the judges report. It will help us understand what we have and how to manage it appropriately. It will be interesting to see how the habitats are distributed within the village.

There are 10 habitats listed in the guide.  
We are very fortunate in Rathcoole to have them all:

Hedgerows  
Trees  
Stone walls and bridges, derelict buildings and monuments  
Graveyards  
Flowerbeds and borders  
Grassland – road verges  
Grassland amenity areas  
Gardens and school grounds  
Rivers and canals  
Lakes, ponds, ditches and wet area

[https://www.heritagecouncil.ie/content/files/conserving\\_enhancing\\_wildlife\\_guide\\_2005\\_480kb.pdf](https://www.heritagecouncil.ie/content/files/conserving_enhancing_wildlife_guide_2005_480kb.pdf)

Check out our Facebook: <https://www.facebook.com/2073617516211322/photos/2073643236208750/>  
Or website: <http://rathcoole.info/index.php/tidy-towns/tidy-towns-committee-constitution/>



**SLIMMING WORLD is now in Rathcoole Community Centre**

**Every Monday at 5.30 and 7.30pm**

**All new, re-joining and visiting members welcome.**

**Call Lorraine on 087-9380943 for more information and special offers**



## NAILS STUDIO

Gel nails Gel refill Shellac  
Manicure Pedicure

PH: 083 194 3114



First Floor Unit, Rathcoole Medical Centre  
Main Street, Rathcoole, Co. Dublin



## PERMANENT EYEBROWS

TINT AND SHAPE

PH: 085 7532 408



Fiona Harold, Licenced Zumba Instructor since 2011

Do you want to FEEL GREAT, GET IN SHAPE & BURN up to 1000 CALORIES an hour?

Then join me, Fiona Harold for Zumba Fitness, the ultimate dance-fitness party! Every Monday, dance to great music, with great people & burn a ton of calories without even realizing it. For 1 hour each Monday, make time for YOU. Make Zumba YOUR happy hour!

Monday 7.30pm-8.30pm, Rathcoole Community Centre

€8 pay as you go or €30 for 5 classes (save €10!!) - no need to use consecutively

Phone Fiona on 087 4138385/Facebook: Zumba Rathcoole

Open to all dance & fitness levels. Beginners always welcome. First class is FREE!



# Rathcoole Community Centre Activity

## February - March 2020

### Monday To Friday

Teach na Leanaí Pre - School and After School	8.00am - 6.00pm	D101/D102/D103
Happy Feet Pre - School	9.15am - 12.15pm 1.00pm - 4.00pm	B106/B107/B108/B110 B107/B108

### Monday

Thatch Bridge Club	10.00am - 1.00pm	Main Hall
Fitness For the over 50's	10.00am - 11.00am	Gym
Speech And Drama (Anna Walker)	3.30pm - 5.00pm	Coolamber Room
Slimming World	5.30pm - 9.00pm	Coolamber Room
Kangoo Discovery	5.00pm - 6.15pm	Sports Hall
Irish Dancing (Anne)	6.00pm - 7.00pm	Main Hall
Zumba Classes (Fiona)	7.30pm - 8.30pm	Main Hall
Mc Glynn's Gym	8.00pm-9.00pm	Gym
Krav Maga	8.30pm - 9.30pm	Sports Hall
Kangoo Jumps	8.45pm - 9.45pm	Main Hall

### Tuesday

Scoil Chrónaín Music	9.00am - 12.30pm	Main Hall
Scoil Chrónaín	9.10am - 2.40pm	Sports Hall
Mens Shed	10.00am -1.00pm	B105
Arts & Crafts	3.00pm-4.00pm	Coolamber Room
Dance City Ireland	5.30pm - 8.00pm	Main Hall
Karate (Martin)	6.00pm - 8.30pm	Sports Hall
Youth Café	6.30pm - 8.00pm	Canteen
FitNess	7.00pm - 8.00pm	Gym
Firbrand Church	8.00pm - 10.00pm	Library
Community Council Meeting (Every 2nd week)	8.00pm - 10.00pm	John Nolan Room

## Wednesday

Fitness For the over 50's	10.00am - 11.00am	Gym
Toddlers World	10.00am - 11.15am	Main Hall / Library
Active Retired (Every 2nd week)	10.30am-12.30pm	Main Hall
Men's Club	10.30am - 12.30pm	Library
Scoil Chrónaín	10.50am - 2.20pm	Sports Hall
Scoil Chrónaín Music	1.40pm - 2.40pm	Main Hall
Speech and Drama	2.00pm - 4.00pm	Coolamber Room
Baton Twirling extra training	3.00pm - 5.00pm	Sports Hall
Music Generation	3.00pm - 7.00pm	Main Hall + other rooms
Zumba Classes	6.45pm - 7.45pm	Main Hall
Mc Glynn's Gym	8.00pm-9.00pm	Gym
Kangoos Jumps	8.00pm - 9.00pm	Main Hall

## Thursday

Scoil Chrónaín	9.10am - 1.30pm	Sports Hall
Karate (Martin)	6.00pm - 8.30pm	Sports Hall
FitNess	7.00pm - 8.00pm	Gym
Bridge Club	7.00pm - 11.00pm	Main Hall

## Friday

Scoil Chrónaín	1.00pm - 2.00pm	Sports Hall
School of Dance (Tanya)	2.00pm - 7.30pm	Main Hall
School of Dance (Tanya)	3.00pm-6.15pm	Sports Hall
Mc Glynn's Gym	8.00pm - 9.00pm	Gym

## Saturday

Baton Twirling	11.00am - 1.00pm	Sports Hall
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## Sunday

Baton Twirling	2.00pm - 5.00pm	Sports Hall
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**Please Note:** This is a list of all activities in Rathcoole Community Centre at the time of print. New activities come on board throughout the year and you can check this out by visiting the Centre, contact by: **Email: [info@rathcoole.info](mailto:info@rathcoole.info)** or **Phone: 01 5045000**

# RATHCOOLE WINS NATIONAL ENTERPRISE TOWN AWARD 2019!

Rathcoole was recently judged to be the best town with a population of less than 5000 to live or work in Dublin County. The initiative is sponsored by Bank of Ireland and supported by the Local Council and their Local Enterprise Office.

Rathcoole currently does not have a local Chamber of Commerce, so this exercise was supported by the Rathcoole Community Council. The presentation to the judges was given by Dick Butler, Council Chairperson supported by local businesspeople; Ray Cooke of Ray Cooke Auctioneers, Kelly O'Hickey of Happy Feet Pre-School, Louis Fitzgerald of an Poitin Stil and Emer Higgins, Local Councillor.

The judge's valuation was Rathcoole village is very unique in that it has the look and feel of a rural village, despite being located just 12 miles from Dublin City.

The village has an ageing population and a large number of the local initiatives ongoing in the area are aimed towards the senior residents.

It also has an excellent community led Community Centre which is the heartbeat of the village.

The award a Crystal Trophy, €3,000; €2,000 of which was given to support the local Senior Citizens events organised by the Community Council, €1,000 to the Tidy Towns Committee.

This is the second time in four years that Rathcoole has secured recognition in this competition and hopefully will not be the last.

I would encourage local enterprise to take more positive role in promoting Rathcoole and all that is positive about it.

Dick Butler,  
Chairperson, Rathcoole Community Council CLG



## New Rathcoole Camera Club

Are you interested in photography?  
Would you like to join a local camera club?  
If you would like more information email  
[rathcoolecameraclub@hotmail.com](mailto:rathcoolecameraclub@hotmail.com)